



1 Pray Honestly

WAYS TO PRACTICE AT HOME

Probably the most well-known of all Christian prayers is the Lord's Prayer. Although there are slight variations in wording, this prayer unites Christians around the globe. Sometimes this prayer is introduced by saying, "let us pray the prayer we learned as children . . ." Besides learning and memorizing the Lord's Prayer, it is important to understand the meaning of the words Jesus used.

- As a family, pray the Lord's Prayer with body movements. Go to bit.ly/FMLordsPrayerMovement and follow the movements shown for each phrase of the Lord's Prayer. Try doing this each morning as you get up or each evening before you go to bed.
- Jesus taught a simple prayer that praises God, asks for what we need, and asks for help. Make a family graffiti poster with three sections for people to write or draw pictures in each of those areas. Label the areas: "Praise," "Needs," and "Help."
- Make a word-search puzzle using words from the Lord's Prayer. Go to bit.ly/FMWordSearchMaker and follow the instructions to make your word search. Use the prayer that your congregation prays in worship as a guide with the following words: *our; Father; heaven; hallowed or holy; name; kingdom; come; will; done; earth; give; day; daily; bread; forgive; debts, sins, or trespasses; debtors or against; lead or save; temptation or trial; deliver; evil; power; glory; and Amen.*

Dear God, may I pray as Jesus taught, simply and honestly, praising you, telling you what I need, and asking for help. Amen.

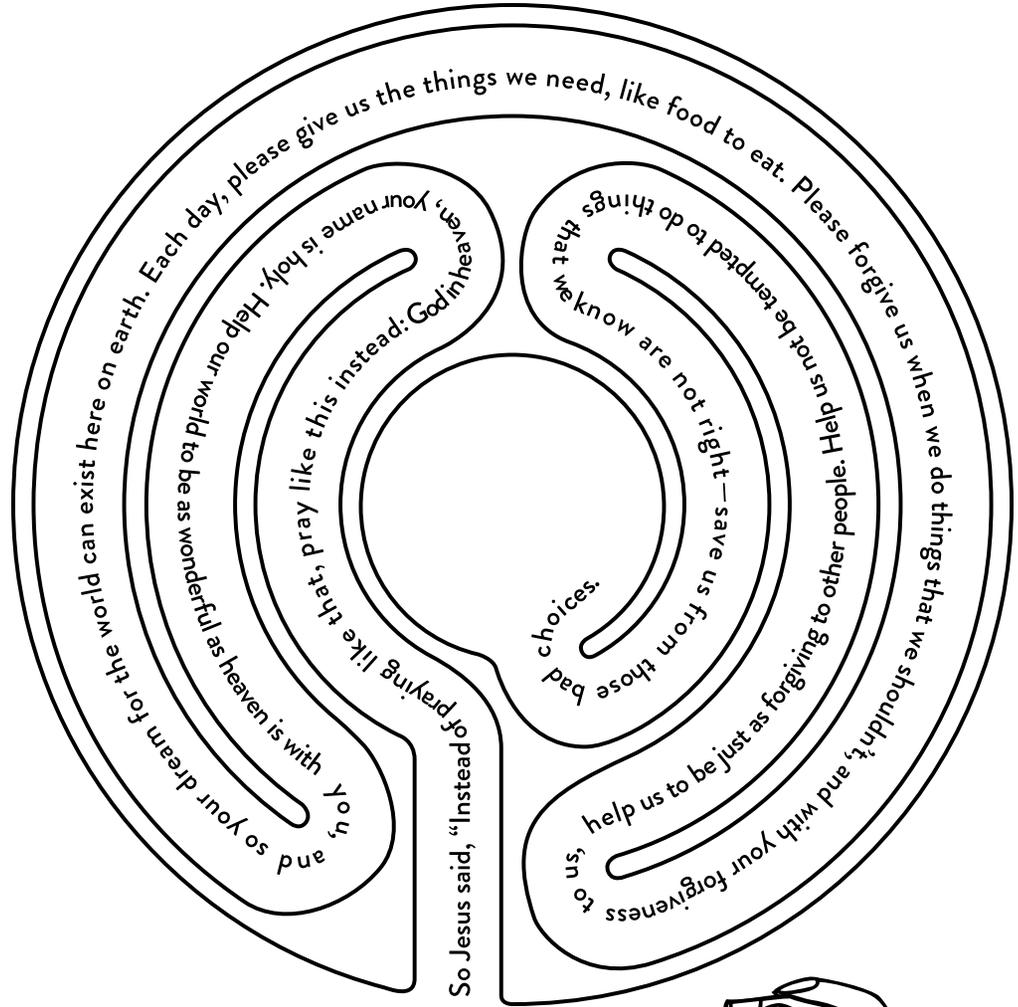
Solve the math problems and use the key to find the solution.

Key																										
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27
A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	'

10+10	9-1	3+2	11+1	18-3	9+6	2+2	20+7	10+9	16-0	15+3	10-9	10+15	9-4	20-2
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Note: bit.ly addresses are case-sensitive.

With your finger, trace the path as you read the words to the Lord's Prayer. Pause for a moment when you get to the center, then trace the path back out.



The Lord's Prayer



BIBLE STORY

Based on Matthew 6:9–13

A teacher's job is to help their students to learn. Jesus was a teacher to his followers, and he was always finding new ways to help them know more about God and understand God's way of living. He taught them using stories, and he taught them by example. When Jesus was teaching one day, he talked about prayer. He noticed that some people liked to pray using fancy words and to be heard by others.

So Jesus said, "Instead of praying like that, pray like this instead:
God in heaven, your name is holy.

Help our world to be as wonderful as heaven is with you,
and so your dream for the world can exist here on earth.
Each day, please give us the things we need, like food to eat.
Please forgive us when we do things that we shouldn't,
and with your forgiveness to us, help us to be just as forgiving
to other people.

Help us not be tempted to do things that we know are not right; save us
from those bad choices."

